

Sheily's Story

Each new mom is on a journey, and Sheily Gonzalez is no exception. She did not enroll in WIC initially, but she did want to breastfeed. At the hospital, labor was complicated. Her baby boy was breech, and she required an emergency C-section. Luckily, she had taken breastfeeding classes.

She visited the Central Avenue WIC Office, one of 11 Lundquist WIC offices, when she needed diapers. Maribel Renteria, a child development specialist, gave Sheily a book for the baby, introduced her to our Little by Little books for children program, and gave her literature about child development. She also helped her identify additional resources.

When Sheily was scared and having difficulties with breastfeeding, her medical provider recommended WIC. She met with Lilia Torres, a breastfeeding peer counselor, who answered her questions about pumping, gave Sheily a hand breast pump and showed her how to position it. She now attends our breastfeeding support groups, which she enjoys greatly.

Sheily's baby is now 15 months old, and continues to breastfeed.

