



# LABIOMed WIC Program

## *MAMA& Milk*: Breastfeeding Family Group

**BELL GARDENS**  
Tuesday 9am & 2pm

**HUNTINGTON PARK**  
Tuesday 9am  
Thursday 3:30pm

**CENTRAL**  
Monday 10am & 3pm

**MANCHESTER**  
Wednesday 10:30 am

**SOUTH GATE**  
Tuesday 10:30am  
Thursday 3:00pm

**LYNWOOD**  
Monday 3:30pm - English  
Thursday 10:30am- Spanish

**CUDAHY**  
Monday 11am  
Wednesday 11am

**PARAMOUNT**  
Wednesday 10am  
Thursday 10am

**FIGUEROA**  
Tuesday 10am  
Thursday 3pm

**COMPTON**  
Tuesday 10am & 3pm  
Thursday 10am & 3pm  
African American BF group  
2<sup>nd</sup> Wednesday of the month

**FLORENCE**  
Tuesday 10am  
Thursday 10am

❖ All BF Family groups offered in both Spanish and English unless otherwise noted  
❖ Days and Times are subject to change